

Weekly Update



Soroptimist International of Rio Vista

November 15, 2016



Next Meeting – Thursday, November 17th

Our next meeting is November 17th. Dr. Perry will talk about the benefits of acupuncture and women's health.

Turkey Trot – November 24

Vera and her team have done a wonderful job of planning this event, which is right around the corner! Sign up at meeting to help. Sign up to run or walk the event at <https://riovista5k.eventbrite.com>. Proceeds benefit Project Heart and Sole. Adults \$30.00 & Youth (age 14 & under) \$15.00.



Biz Meeting News

At the last meeting, the Economic & Social Development & Health committee and the Women's Rights and International Goodwill committee recommended that next year, the two committees be combined into one, titled simply, Women's Rights. (A huge benefit to those of us who can't remember those committee names anyway!) There are strong candidates for the Violet Richardson Award, which recognizes young women ages 14-17 engaged in volunteer action within their communities or schools, and Live Your Dream, which assists women who provide the primary source of financial support for their families by giving them the resources they need to improve their education, skills and employment prospects. The club also discussed results of the "Big Survey Goal," which had to do with SI America's future focus.

LUNAFEST Purse Raffle

LUNAFEST, sponsored by the makers of the Luna bar, is a traveling film festival of award-winning short films by, for and about women. These films, filled with stories of reflection, hope and humor, perfectly fit the Soroptimist ideology of "Best for Women and Girls." The February 25, 2017 event includes a purse raffle. If you would like (but are not required), consider donating a designer purse. Some of these bags can be pretty pricey so feel free to get together with a few

friends to make a group purchase! Let Constance know if you are interested in donating a bag.



Riverview Cross Country Enters Another 5K and Meet

The Riverview Track Team, sponsored by Project Heart and Sole, participated in two recent events – the November 6 Clarksburg 5K Country Run and a November 9 cross country meet in Brentwood. Vera said, "It's really fun to see the kids run against their peers. They tend to run faster and harder."

Mark Your Calendar

District III Director Joy Swank will be attending our December 1 meeting. The club is throwing a Christmas Party December 22 at 6:00 PM. More details to follow.

