



SOROPTIMIST

Soroptimist of Rio Vista

February 2018

*Do the best you can until you know better.
Then when you know better, do better*

Maya Angelou

Fabulous February

**"When you can't
find the sunshine,
be the sunshine"**

No truer words can be said after all the gloomy days in January. Now that they are behind us, let's be the sunshine in all that we do going forward. Whether it's around friends, family, co-workers, or club members, a smile goes a long way. A positive attitude leads to a better outcome no matter what you are doing. Nothing good comes from negativity or criticizing something or someone.

Teri Malkin,
President 2017-2018

Dream Big



LIFTING WOMEN UP

Soroptimist **Live Your Dream Awards** recipients face enormous obstacles including poverty, domestic and sexual violence, substance abuse and death of a spouse. Yet, with just a little help, they have the strength to achieve their goals. The numbers tell the story.

94% earned or are continuing to work toward an educational degree/certification

81% of those who completed their education have secured higher-paying employment

82% of those who completed their education report an increased standard of living for themselves and their dependents

95% have increased self-esteem

96% are serving as a role model for their dependents

**Happy 62nd Birthday
Soroptimist International
of
Rio Vista
Chartered February 19, 1956**



We are hosting our first Dream It, Be It: Career Support Conference is Saturday, February 3rd at Rio Vista High School with 33 girls registered.

Program Goal: Through education and access to role models, girls will be empowered to pursue their career goals and reach their full potential.

Objective:

1. Feel prepared to pursue their career goals.
2. Feel comfortable creating achievable goals.
3. Have tools to overcome obstacles to success.
4. Understand the importance of resilience.
5. Connect personal values with possible careers.
6. Feel more confident about your future success.
7. Provide professional role models

Career support includes help and assistance to pursue an occupation that will offer opportunities for long-term success. Although we don't think all girls will know what they want to do for the rest of their lives, the skills they learn in Dream It, Be It will help them regardless of the career they choose to pursue or when they choose to pursue it.

Soroptimist/LiveYourDream.org is committed to investing in programs that create a sustainable, measurable change for women and girls.

**February
Meetings**

2/1 12:00 pm Business Meeting

2/8 12:00 pm Fellowship Drawing & Committee Meetings

2/15 12:00 pm Dan Dailey, Chief of Police

Mark
Your
Calendar

2/3 Dream It Be It Conference

2/10 Princess Ball

**2/24 District III/IV Meeting,
Pleasant Hill**

3/3 LUNAFEST® films by
women, about women, for women,
lineup attached

February Birthdays

Lee Ann Frable 2/19

Kay Kelley 2/20

February Anniversaries

Rachel Barrows 2/2 Sarah Donnelly 2/8

Meri Wheeler 2/16 Kay Kelley 2/20

February Club Anniversaries

Cindy Kneibel

Deb Puppig

Deborah Roden

Ann Starke



Leila Mazo

My family moved to Rio Vista in 1952 from Vallejo, Ca. I attended Rio Vista's elementary schools and graduated from Rio Vista High School in 1969.

I got married at the Highlands Inn in Carmel, CA in 1968. My husband, Vic and I have two children. They are both nurses and their spouses are nurses, too! We have one grandson, Brendan who is thirteen years old. He was a national ski champion when he was nine years old. Now that the drought is over he has been getting in some practice and hopes to compete again in Colorado this Spring.

While raising our two children I served as a volunteer in the Rio Vista community. I served on the D. H. White School Advisory Committee, CAC, Chamber of Commerce, Rio Vista -Montezuma Cemetery District (appointed by Solano County Supervisor Skip Thomson), and the Solano County Juvenile Delinquency and Prevention Commission (appointed by Judge Donald Balding). I spearheaded the free life jacket program at Sandy Beach and Brannon Island State Park called Save a Life. I was a member of the Rio Vista Horseman's Association. I had two horses for ten years and the club went on camping trips and participated in the Bass Derby parade. Gymkhanas were regularly held at Carol Forsstrom's arena outside of town. I haven't been on a horse in many years now, but I still have my ribbons and belt buckle!

I decided to start taking classes at San Joaquin Delta College and graduated in 1991 with an AA degree in Social Science. I transferred to CSU Stanislaus and graduated in May of 2003 with a Bachelor of Arts degree in Social Science.

I enjoy gardening, well the results anyway! I joined a group of knitters who get together once a month to knit, have lunch, take a walk- if the weather is good- and then we knit some more. We work on separate projects but we all contribute baby hats for UC Davis Medical Center. It is an all-day event and we catch up on what is happening in each other's lives. Luckily, we are all on the same page politically, so we have a lot of discussions. We also trade books because we are all avid readers, too. Sue's Books Rio V is one of our walking destinations when it is my turn to hostess.

Last year I joined Soroptimist International of Rio Vista. I had a lot of fun helping with the Bingo fundraiser in November. I enjoyed working with the members on the Education Committee. I look forward to serving the Rio Vista community through Soroptimist International of Rio Vista.



**We meet on
1st, 2nd and 3rd Thursdays
The Point Restaurant
120 Marina Drive**

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